

# ABOUT OUR FOUNDER

I started The Protein Profit Group to share my life's experience with other protein professionals in helping them better manage and overcome the challenges synonymous to our industry. We audit processes, measure data, pinpoint profitable change opportunities and help our clients make the adjustments necessary to achieve their goals from start to finish.

One thing people may not know about me, is I am a registered member of the Cherokee Nation. I started Little Wolf Foods to help fulfill minority food spend requirements. We also sponsor a competition BBQ team! — *Tim Vlcek*

## EXPERTISE

Yield & Production Margin & Performance  
Value Focused Programs Data Collection & Assessments  
Global Export Food Safety SQF Practitioner HACCP Coordinator  
Raw Material Specifications Audits & Compliance  
Software Applications Financial Forecasting  
Market Growth Strategies Client Relationships  
Crisis Management Training Leadership

*Processing, distribution and delivery of quality and profit driven tailored protein programs for the retail, restaurant and hospitality industries has been the focal point of my career experience.*



*My grandfather built the Suburban Market House in 1927. His work day started at 3 am with a trip to the Chicago Stockyard. The protein industry has certainly changed since then, but the pride and craftsmanship for the work remains constant for me.*

## INDUSTRY

State of Illinois Exporter of the Year

Chicago NAMP Representative  
D.C. Senatorial USDA Meetings

USDA Food Safety Committee Chair & National Liaison —Chicago Region Rep

NAMA Bd. of Dir. & Food Safety Cmte.

## HISTORY

OWNER OPERATOR  
Vlcek's Fine Meats 1992-2014

PARTNER Buedel Fine Meats 2006-14  
Merger Buedel Foods & Vlcek's Fine Meats

VP & GM Buedel Fine Meats 2014-16  
Sale and transition to Colorado Premium

VP Allen Bros 2016-18  
Dir. of Process Operations

PRESIDENT  
Little Wolf Foods 2018-

FOUNDER  
The Protein Profit Group 2019-

